

RSU - MSAD 49 SCHOOL NUTRITION PROGRAM INFORMATION 2017 - 2018

Elementary Schools	Breakfast = No Charge
Elementary Schools	Lunch, paid = \$2.30 Lunch, reduced = \$.40
Middle School and High School	Breakfast = No Charge
Middle School and High School	Lunch, paid = \$2.85 Lunch, reduced = \$.40
Staff , Teachers, Administrators	Breakfast = \$ 1.75 Lunch = \$5.00

RSU/MSAD #49 continues to provide breakfast for every student in the district at no cost to families. Any child at a participating school may receive a meal through the School Breakfast Program regardless of household income. Eating breakfast as a child is important and can help improve math, reading, and standardized test scores as well as establishing healthy habits for later in life.

A low fat or skim milk variety is offered with every meal, menus are subject to change without notice, all grains/bread products meet the USDA Whole Grain requirements for NSLP, NSB and HUSSC. A School Nutrition Menu will be posted at each school and on the District Website.

Free/Reduced applications are sent home in your student's packet at the beginning of the year or can be picked up at all schools and at the business office.

Sincerely,

Daniel Chamberlain
Director of School Nutrition